

CARS, BIKES, TRAINS AND OTHER VEHICLES OF TRANSPORTATION IN DREAMS (DR-110)

The purpose of this tape is to enable you to analyze what it means when you dream of driving or of being driven in various kinds of vehicles of transportation. Symbolic activities related to cars are examined, such as "losing your car," "running out of gas," "flat tires," "wrecked car," etc.

READ THIS SECTION BEFORE WATCHING THE VIDEOTAPE.

The material is organized as follows:

1. An overview of how to handle VEHICLE dreams is presented through an analysis of short one-issue dreams (15 minutes).
2. Two dreams are analyzed in-depth, including an exercise in Active Imagination (20 minutes).
3. Five workshop dreams demonstrate the above analysis (10 minutes).
4. Workshop lecture material reviews THE METHOD and adds more associative material (15 minutes).

WATCH THE VIDEOTAPE IN ITS ENTIRETY.

You have learned the significance of examining in-depth any transportation vehicle that appears in your dream. These vehicles carry much of the message of any dream in which they are key elements. Another level of associative value has been added to your dream analysis skills. Active Imagination has again been demonstrated as a fruitful activity for interpreting the message of a dream.

RECOMMENDED READING

TAPE X: CARS, BIKES, TRAINS AND OTHER VEHICLES OF TRANSPORTATION IN DREAMS (DR-110)

If you can read only one book, read:

HARDING, ESTHER. *Psychic Energy: Its source and Its Transformation*. Princeton University Press, Princeton, NJ 1947.

MATTOON, MARY ANN. *Understanding Your Dreams*. Spring Publications, Inc. Dallas, TX 1978, 1984 (Soft cover).

SINGER, JUNE. *Boundaries of the Soul*. Anchor Books, Doubleday, NY 1972.

Recommended books are available at
C. G. Jung Library & Bookstore
10349 W. Pico Boulevard
Los Angeles, California 90064
(310) 556-1196

Call 1-800-301-5553 to order the Dream Journal Workbook or more tapes in this series.