

THE INNER OTHER (DR-112)

The purpose of this tape is to explain one of the most important concepts in Jungian psychology: that in every woman there is a reflection of a man, and in every man there is a reflection of a woman. Jung called the masculine reflection in a woman the Animus, and the feminine reflection in a man the Anima.

READ THIS SECTION BEFORE WATCHING THE VIDEOTAPE.

The material is organized as follows:

1. A general history and explanation of the Animus and Anima as archetypes (10 minutes).
2. A description of the primary images of the Archetypal Masculine (15 minutes).

- Sun, solar energy

 - The masculine body

 - Logos

 - Phallos

 - Spirit

 - Yang

- Emma Jung's description

 - Men of Power

 - Action

 - Word

 - Spirit

- Greek gods as images

 - Zeus

 - Mercury

 - Mars

 - Apollo

 - Dionysus

 - Hephaestus

3. A description of the primary images of the Archetypal Feminine (20 minutes).

Moon

The female body

Yin

Eros

Womb

Soul

Greek goddesses as Images

Demeter

Persephone

Aphrodite

Artemis

Athena

Hera

Hecate

Hestia

Toni Wolfe's description

Mother

Medial

Hetaira

Amazon

4. Definition and illustration of the concept of PROJECTION (10 minutes).

WATCH THE VIDEOTAPE IN ITS ENTIRETY.

The concepts you have been exposed to on this tape are among the most important to grasp in order to experience growth and wholeness. They are crucial in understanding our relationships with the opposite sex. You should definitely follow this videotape with some reading.

RECOMMENDED READING

TAPE XII: THE INNER OTHER (DR-112)

If you can only read one book, read:

JOHNSON, ROBERT A. *We: Understanding the Psychology of Romantic Love*. HarperSanFrancisco, Harper Collins, NY 1983.

Recommended books are available at
C. G. Jung Library & Bookstore
10349 W. Pico Boulevard
Los Angeles, California 90064
(310) 556-1196

Call 1-800-301-5553 to order the Dream Journal Workbook or more tapes in this series.